

Link to HELPLINE



Hooray for Volunteers!

By Daniel Willms, Executive Director

SAM SCHNIEDMILLER, long time volunteer at Helpline, recently celebrated his 90th birthday! Sam's positive attitude and compassionate heart as a volunteer are a welcome contribution to Helpline's work in emergency social services.

Volunteerism is at the heart of Helpline. We could not accomplish the great work we do without the aid of volunteers. In fact, it probably would not happen at all. Volunteers provide most of the service to our clients; handling intake interviews; arranging direct services and making needed referrals.

Volunteerism is a core value in our organization. Helpline's statement on volunteerism reads, in part, as follows: We believe that volunteerism is not only an efficient means of providing charity (and is itself a charitable act) but it also involves the volunteers in an educational process, enabling them to grow as individuals and as advocates for societal change.

If you are interested in serving those in need and growing as an individual as a Helpline volunteer, please contact me or Wendy Gonzalez at (509) 529-3377. Thank you, and hooray for volunteers!

STEP Women's Shelter

582 Ash Street
Open 7 days per
week

7PM- 7AM

Contact Helpline
at 529-3377

Serving Single
Homeless Women
in Walla Walla
County.



Daniel Willms, Gabriela Salvidea, Frances Hector, Sandi Madsen

Counseling Services at STEP: Partnering with Soroptimist International

By Gabriela Salvidea, Housing Coordinator

THE STEP WOMEN'S SHELTER has been awarded a one-year grant that offers counseling, chemical dependency and mental health treatment to the homeless women residing at STEP.

The grant was awarded by the Walla Walla Valley chapter of Soroptimist International, a non-profit dedicated to transforming the lives of women and girls. Along with the grant for counseling, Soroptimist (Latin for "best for women") will also provide STEP clients career mentoring, including resume preparation, interview coaching, and professional interview attire. Soroptimist also secured a donation from Walla Walla University for a much-needed computer for the shelter.

Since September, clients of the STEP Women's Shelter who otherwise would not have access to mental health services have enjoyed the services of Northwest Counseling. These homeless women do not have access to state Medicaid, so up until now their need for these services has gone unmet. This grant is the only opportunity for many of the STEP women to get the treatment they need to break the cycle of homelessness.

While STEP offers a strong case management program focused on moving clients into permanent housing, many STEP residents require specialized mental health or chemical dependency services that STEP has not been equipped to provide. The counseling grant from Soroptimist complements the services already offered by STEP.

Though various mental health resources exist in the community, most single women without children or custody of their children do not qualify for state assistance. Beyond that, the expense of such treatment renders it inaccessible to homeless women. This barrier has prevented homeless women from taking positive steps forward toward independent living.

Most STEP clients face chemical dependency and/or mental health issues, and would benefit from professional counseling services. The majority of these issues are mental health problems that are exacerbated by drug and alcohol abuse. Mental health and chemical dependency issues are cyclically related, often sustaining each other in this particular demographic.

The objectives of the grant include bringing stability, personal empowerment, and independent living to STEP clients.



Helpline Thanks

May 26 to October 2010

Individuals

Akers, Pamela S.
 Anderson David C & Renata
 Angus, James W. & Virginia M.
 Anhorn, Janice & Gerald
 Astley, Doris
 Babcock, Marguerite Clark
 Barga, Bruce & Kay, MD
 Barga, J. L. & M. D., MD
 Benzel, Harold & Katherine
 Bergman, H.J. & Evelyn
 Burlingame, Cathy & Robert
 Christiansen, Andrea S.
 Claridge, Delva & Lawrence
 Cochran, Evelyn
 Cotts, James & Terri
 Cress, Rev. John & Pamela
 Desmond, John & Linda
 Dobbins, Neal and Michelle
 Doepker, Kimberle
 Fleck, Amanda & Darius
 Flemmer, Harry & Voncille
 Fondahn, Wayne W
 Fontenot, R.A. & M.M.
 Foster, J.K. & E.E.
 Fouts, S. R.
 Freyer, David G. & Alice I.
 Goff, Michael & Tobi
 Graves, M.C. & Margaret
 Griff, Art & Norma
 Hastings, Vernon & Kathy
 Herbert, Linda
 Hunerlach, Donald & Alma
 Irwin, James & Shirley
 Jacky, Danae E.
 Klassen, Randy & Joyce
 Leo's, Estetica
 Levan, Ted
 Logsdon, Susan
 Lohrmann, John W. & Linda S.
 Loney, Gregg
 Loudermilk, Theresa & David
 Madsen, Thomas C. & Sandra K.
 Martin, Karen
 Martin, L. B.
 Maxfield, James & Kay
 McClellan, Rose Anne
 McCoy, Susan
 Moerk, M'Lisse & Charles

Neff, Nina M.
 Parrish, James C., DDS
 Patton, Mary
 Phillips, Carmella
 Poffenroth, Dennis & Sharon
 Prusia, Mr & Mrs Clayton
 Reading, Ed
 Reardon, Laura
 Reser, Yancy & Lavone.
 Ruzicka, Eleanor
 Sanders, Cathy
 Schafer, Curtis
 Schultz, Carolyn & Dan
 Selby, Margaret A.
 Sesser, George & Cathy
 Shivley, Bernice & Glen
 Shultz, Carolyn & Dan
 Smelcer, William E.
 Snow, Don & Dorothy O'Brien
 Stanton, Margaret
 Steele, Toni Lynn
 Stockton, Leslie
 Tompkins, Nancy & Greg
 Trautwein-Cook, Margaret
 Treis, Roger & Anita
 Vanhoy, John & Kathleen

Businesses/ Organizations

American Contract Bridge League
 American Red Cross
 Blue Mountain Baptist Church
 Blue Mountain Community Church
 Blue Mountain Community Foundation
 Bright's Candies
 Catholic Charities, Inc.
 Central Christian Church
 Christ Lutheran Church
 Ever'Ready Solutions
 First Assembly of God
 First Church of Christ, Scientist
 First Congregational Church
 First Presbyterian Church of College Place
 First Presbyterian Church of Walla Walla
 Grace United Methodist Church
 Greyhound Lines
 Hayden Enterprises Giving Fund
 Herculena Temple No. 27 - Pythian
 Sisters

continued on back



Tami Arias, Daniel Willms, Gayla Seymon

Our Thanks to Sow Social!

SOW SOCIAL IS a group buying company that partners with local businesses (restaurants, wineries, etc.) to offer special vouchers with incredible discounts for products and services to Sow Social members through its website: www.sowsocial.com. There is no cost to join! Sow Social is donating 50% of its profits in December to Helpline! Helpline is grateful to Tami and Gayla for "sowing generously" into the social work of this organization.

Needs List

Winter Coats	Toilet Paper
Adult or Child sizes	Shampoo
Blankets (new or used)	Laundry Soap

The Helpline Team

STAFF

Daniel Willms
Executive Director

Wendy Gonzalez
Assistant Director

Gabriela Salvidea
Housing Coordinator

Elaine Simons
Admin. Assistant

Nina Neff
STEP Case Manager

Carole DeMoss
Accounts Payable Clerk

BOARD OF DIRECTORS

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Steve Moss

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Return Service Requested
A United Way Agency



T 509-529-3377 • F 509-529-3386 • www.helplineww.org

Helpline Thanks continued

Nelson Irrigation Corporation
Northwest Grain Growers
Pelo Foundation
Pioneer United Methodist Church
Prayerful Hearts
Soroptimist Int'l of Walla Walla Valley
St. Patrick Catholic Church
St. Vincent De Paul of Walla Walla
Sunshine Club
United Way of Walla Walla

Veterans of Foreign Wars
Walla Walla Farmer's Co-op
Walla Walla Harvest Foods
Walla Walla Housing Authority
Walla Walla University
Weight Watchers

In-kind Donations

Individuals
Adams, Savannah
Alexander, Jan
Allan, Eileen
Alonzo, Julie
Ayles, Virginia
Barron, Kathryn
Bense, Kathy
Blackaby, Earl

Bowen, Samantha
Bradshaw, Linda
Bren, Lynda
Brumbach, Jan
Buttice, Greg
Canfield, Lucinda
Carlile, Lisa
Chastain, Debbie L.
Christiansen, Andrea
Cosner, Roger
Cress, John C.
Dawes, Marian
Dixon, Nancy
Dobbins, Michele
Edinger, Sally
Em, Thomas
Falcon, Alex & Jennings
Farrens, Kathleen
Ferris, Debbie
Fleming, Mary

Fletcher, Kaylene
Forge, Gregory
Foust, Lynn
Frank, Larry
Gonzalez, Wendy & Pablo
Gunter, Marcella
Haftanticles, Miriam
Hays, Nola
Hodgson, Mark
Humphrey, Elizabeth
Jones, Patty
Kaufman-Osborn, Sharon
Kibler, Gary
Kittvell, B. J.
Knudson, Dorothy
Lauzon, Richard & Bette
Lefore, Donna
Leighty, Cecelia
Lopez-Espana, Elia
Lundstrom, Denise
Lynch, Christy
Mahan, Virginia L.
Martin, Pat
McClure, Warner & Hilda
Middlemas, Marsha
Middleton, Chris
Miller, Cody
Miracle, Terry
Moon, Neoma
Nichols, Pam
Noland, Judith
Plucker IV, William H.
Reavis, Rachelle
Roland Jr., Charles R.
Sanches, Julio Cesa
Sesser, Robert J.
Shelton, Gail
Slusser, Rosanne
Stites, Amy
Swayne, James & Susan
Swayne, Mark
Tavelli, Nancy
Thomaston, George
Turley, Betty
Weston, Mariah
Whiteaker, Kathy
Wilson, Loren

Business & Organizations

Assumption of the Blessed Virgin Mary Catholic Church
Backstage Bistro, Bob Parrish, owner
Baker Boyer Bank
Baker Boyer Bank (Eastgate Branch)
BMAC Food Bank
Central Christian Church
Church of Jesus Christ of Latter-Day Saints (Walla Walla 1st Ward)
Church of Jesus Christ of Latter-Day Saints (Walla Walla 2nd Ward)
Coldwell Banker First Realtors
Colville Street Patisserie
Correctional Industries
Crown Paper & Janitorial Supplies
Family Farm, The
First Congregational Church
Franz Bakery Outlet
Grocery Outlet
Inland Saxum Printing LLC
Irwin Mailing Service (Jim & Shirley Irwin)
John's Wheatland Bakery
Kirkman House Museum
Ladies at Park Plaza Retirement Community
Lefore Farms/ Sam & Dona LeFore
Main Street Conoco
Medicine Shoppe
Olive Market Place and Café
Safeway Food & Drug (Rose Street)
Seven Hills Winery
Solid Rock Congregational Church (Rick Griffin)
SonBridge Community Center

Soroptimist Int'l of Walla Walla Valley
St. Francis of Assisi Catholic Church
St. Paul's Episcopal Church
The Moms' Network
Thrive by Five Washington
Walla Walla County Health Department
Walla Walla Gleaners
Welcome Table Farms
Wilcox Furniture

2009 Campaign Donor Choice

Allocaton From United Way of Walla Walla County
Seven Hills Winery
Bliss, Tyrone
Boyd, Kim
Craig, Thomas
Daws, Pamela
Desmond, John
Doepker, Mark
Foreman, Rebecca
Graves, Doris
Guth, Barbara
Gutierrez-Duran, Cresencia
Hewitt, Janet
Hill, Edward
Jolliffe, Glenda
Longmire, Sharon
McPherson, Stacy
Ortega, Ana
Pargas, Kathi
Reinland, Lisa
Shields, Cynthia
Siegel, Larry & Claire
Sutlick, Albert
Unterseher, Randy
Wagner, Jeffrey
Zielfelder, Bob & Wava

You are loved!

To: _____

This year's Holiday gift is a donation given in your name to Helpline of Walla Walla.

From: _____

Helpline is a non-profit agency that supports the needs of our community by assisting individuals and families in crisis through direct services and advocacy, maximizing the use of non-duplicated community resources and education for long-term self-help.

Honoree Address

Please include Honoree address with your slip.

